



From Jan 1-21, 2025, Parkway is joining together for times of daily prayer and fasting. You can find out more at parkwaycc.com/21prayer. This tool is for you to use as a family to encourage your kids to engage in a time of prayer each day with you.

1. What is Prayer?

There are many ways that people pray but prayer is just simply talking to God. It doesn't have to be with fancy words or long winded. It just needs to be from our hearts to His. Jesus is always listening. Even when we get busy and forget to pray we never need to worry if He is there. He is ALWAYS there waiting to listen whenever you want to talk. He is never too busy and He never gets tired of hearing from you. The bible tells us to "pray without ceasing" which just means that you can talk to Jesus anytime and anywhere. You don't need to wait for a special place or time to talk to Him. It can be while you are playing, before a test at school or even when you are just thinking about something or someone. It can be as simple as talking to a friend. He wants to be your friend and cares about you deeply.

1 Thessalonians 5:17 "Pray without ceasing"

Dear God, Thank you for never being too busy to listen to me. Help me to remember to talk to you about everything. Thank you that you care so deeply about me that you even care about the small things in my life.

2. School

Do you go to a school or are you homeschooled? Whatever way your parents have decided to go, we should be praying for all involved in education. Teachers, coaches, principals, staff and students are all needing prayer. Each day of the week we could be praying over different people in our school systems. Do you have any Godly mentors in your school? If not, let's pray that those who know Him grow in boldness. If you do, let's pray that they continue to be bold! Through prayer we can change the culture of our schools.

Proverbs 9:9 "Instruct the wise, and they will be even wiser. Teach the righteous, and they will learn even more."

God, we thank you for all the local children and teachers. We ask that you would have a presence on each campus across our community and go with each student through their days. Please cover them with your peace and instill your wisdom that only you can provide. We pray that each student and teacher would come to know you and your truth. That they would be able to be the light in the darkness everyday. We pray that staff and students who already know you, Lord, would grow in boldness to share your goodness.

3. Influence

What do you think when you hear the word "influence"? You probably think of a celebrity, president or someone well known. Those people have influence because of their position or popularity. But did you know that you have influence as well? That may be hard to believe but it's true! You can have influence over the people around you. Are you using that influence for the good? Do you talk and act like a godly person? When you use your influence to help others around you make the right choices you are being a godly leader! Can you think of someone in your life that has shown to have a good influence?

Joshua 24: 14-15 "Now fear the Lord and serve him with all faithfulness. Throw away the gods your ancestors worshiped beyond the Euphrates River and in Egypt, and serve the Lord. But if serving the Lord seems undesirable to you, then choose for yourselves this day whom you will serve, whether the gods your ancestors served beyond the Euphrates or the gods of the Amorites, in whose land you are living. But as for me and my household, we will serve the Lord."

Heavenly Father, thank you for the amazing leaders that you have put in my life to show me how to make good choices. Help me understand how to use my influence for Your glory. Teach me to recognize where I already have influence and to use that influence to guide others in good ways.

4. Oregon

Did you know there are over 4 million people that live in Oregon? Only about 1 million of those consider themselves a Christian. That leaves a whopping 3 million people in our state that need to know Jesus. We can't reach them all ourselves but we can pray intercessory prayers for them. Intercessory prayer is the act of praying on behalf of other people.

James 5:16 Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

Lord, we know there are so many people in Oregon that need to know your love. I pray that they would open their hearts to you. That they would have ears to hear your good news and eyes to see your glory. I ask that Your will be done in their lives and that you would direct their paths.

5. Rules

Do you have rules you have to follow at home? Like bedtime is at 8 or be kind to your siblings? Parents make rules for your own good. Just like God made rules for all of mankind. Sometimes it can be hard to follow all the rules though. We can forget what they are or sometimes we don't agree with them. But God instructs us to obey our parents. Even in biblical times humans had such a hard time following all the rules that God sent Jesus to help us. He paired it down to just two simple rules. Love God and love each other. Pretty easy right? Even with only two rules we still struggle!

Colossians 3: 20 " Children, obey your parents in everything, for this pleases the Lord"

God, thank you that my parents care enough about me to make rules. Even when I don't want to obey them, help remind me they have a purpose. Just like when you gave the people of Israel the 10 commandments to help them live in a Godly way. Or when you sent Jesus to simplify those commands. My parents give me rules to do the same. Help me to obey them and have a clean heart.

6. First Responders

Do you ever wonder where emergency vehicles are going when you see them flying by with lights and sirens? Typically that means they are heading into danger to help others or in a hurry to save someone's life. The men and women who are in those vehicles need our prayers for safety and the people who they are going to help need our prayers for safety or healing. I challenge you the next time you see an emergency vehicle flying by to say a prayer for all involved. Covering them in prayer is the best way to help in those situations.

Isaiah 41:13 " For I, the Lord your God, will hold your right hand, saying to you, 'Fear not, I will help you.'"

Lord thank you for the men and women who put themselves into danger to save others daily. Please give them courage and wisdom in each situation. Be with each person needing their help. Cover them with your peace and divine presence.

7. The Poor and Needy

If you saw someone at school that was cold and you noticed that they never had a coat what would you do? Would you give them your coat because you have another at home? Jesus tells us to give our possessions to the poor. We can also take our toys that we no longer use and give them to children who don't have any. There are many ways you can help those less fortunate than you. Ask your parents how you can give to others.

1 John 3:17 If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person?

Lord, thank you that you provide enough for me that I can then give to those who are in need. Help me to see others how you see them! Open my eyes to those around me who may be in need.

8. Generosity

Did you know being generous doesn't just mean with money? It can also be with our time. How can we be more generous with our time? Sometimes it can be as simple as asking someone how their day has been and truly listening to them. Other times it can be volunteering and giving our time to the church or local missionary outreaches. Are you old enough to help in the nursery on Sundays? Are you outgoing? You could be a greeter on Sunday mornings. Are you artistic? You could put your skills to work helping make decorations for VBS. Friend, there are a lot of ways you can use your God given talents for Jesus. Ask your parents how you can get involved!

1 Peter 4:10-11 " Each of you should use whatever gift you have received to serve others, as faithful stewards of God's grace in its various forms. If anyone speaks, they should do so as one who speaks the very words of God. If anyone serves, they should do so with the strength God provides, so that in all things God may be praised through Jesus Christ. To him be the glory and the power for ever and ever. Amen"

Lord help me to know how to serve your kingdom even now at my age. I want to be the hands and feet of Jesus. Show me my giftings so that I can use them for Your glory.

9. Forgiveness

Has anyone ever hurt you and you were so angry you wanted to hurt them back? Does it make anything better if we were to respond in anger? We are called to forgive those who have hurt us. God forgives us of our sins and we are supposed to extend that same forgiveness to others. Even when it is hard we can ask for God's help.

Colossians 3:13 "Bearing with one another and, if one has complaint against another, forgiving each other, as the Lord has forgiven you, so you also much forgive"

Lord, thank you for sending Jesus as our ultimate sacrifice and forgiveness of our sins. Help me to not sin in my anger and to forgive those who have hurt me. Calm my heart and soul and give me peace only you can provide.

10. Fear and Loneliness

Do you ever feel afraid or alone? Does it ever feel like you will never get through what you are dealing with? Do you feel like no one else has ever dealt with the things that you are walking through? It is completely normal and okay to feel these things but, friend, God is never surprised when we feel alone or afraid. He knows our innermost feelings and thoughts. Scripture tells us that we will face trouble in our lives but we need not fear because He has overcome the world. We can be both brave and courageous knowing that no matter what we face, Jesus has already beat it!

1 Peter 5:7 "Cast all your anxiety on Him because He cares for you"

Psalms 56:3 "When I am afraid, I put my trust in You"

Lord help remind me that you are bigger than any of my fears, anxiety and loneliness. That you created me with as much thought as you did the sun and the stars. I know I will have troubles in this life Father but with you as my friend and savior I can overcome it all. Even when my fears feel so overwhelming I can bring them to you and exchange them for your peace. Teach me to trust you in all things because you love and protect me, even in the most uncertain times. Help me replace my fears with faith!

11. Grants Pass

Out of all the places on earth you live here in Josephine County. Did you know you are placed here by God? It was not by mistake that you live where you live. You can be a light to your neighbors!

Jeremiah 29:7 "Also, do good things for the city I sent you to. Pray to the Lord for the city you are living in, because if there is peace in that city, you will have peace also."

Dear God, I want to thank You for the city I live in. Please help fill the hearts of the people who live here with Your peace so they may know You and Your love for them. I

pray that each one of them will come to know You personally. Help me to be kind and loving to my neighbors so Your light would shine through my life.

12. Friends

Friends are a pretty important part of our lives. We need each other! God gave us the perfect example of a friend when he sent us Jesus. He is always there when we need him. He is faithful and kind. He is encouraging and he doesn't keep count of our wrong doings. We not only want to be a friend to others like Jesus but we want to choose friends that are as well. A true friend will stand by you through life. Even when you don't have the same interests or you have a disagreement. They are still by your side. Make a list of your true friends and pray over each one of them.

Proverbs 18 "There are "friends" who destroy each other, but a real friend sticks closer than a brother."

Lord, thank you for creating us to be together with others. Help me to be wise in choosing my friends and help me to be a good friend as well. Give me discernment to find true friends. Ones that will be faithful and always point me to You. Give me the courage to say no when I am faced with peer pressure and the ability to stand on your word. Thank you for putting the right people in my life that are true and faithful friends.

13. Family

When you think of your family, who comes to mind? Every family looks different. You may think of only the people who live with you or you may think of generations of people. This may take some time but with your parents write down all the people you consider your family. Are there any names on the list that don't know Jesus as their Lord and Savior yet?

Psalms 133:1 "How good and pleasant it is when God's people live together in unity!"

Lord, we thank you for family. It was your original design for us. Today I have made a list of my family members and some of them may not know you yet. I want the best for my entire family, Father. I pray for ways to show them your love and tell them about your goodness. I pray that you would draw them near to you. I also thank you for the family that already knows you. I am thankful for their faithfulness. For bringing me to church and teaching me about You.

14. Temptation - Armor of God

Have you ever been tempted by something? Tempted to lie, cheat on a test or steal something that someone else has? One time or another we all are tempted by something to cause us to sin. One thing God gave us to teach us not to give into temptation is the armor of God. The HELMET OF SALVATION to guard our minds. The BREASTPLATE OF

RIGHTEOUSNESS to guard our hearts. The BELT OF TRUTH to not believe or tell any lies. The SHOES OF THE GOSPEL OF PEACE to spread the word of God. THE SHIELD OF FAITH to stop the arrows of the enemy. The SWORD OF THE SPIRIT which is the word of God to help me defeat the enemy.

Ephesians 6:10-17 Finally, be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, and with your feet fitted with the readiness that comes from the gospel of peace. In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. Take the helmet of salvation and the sword of the Spirit, which is the word of God.

Heavenly Father, thank you for equipping me to defeat the enemy and his temptations. Help me to remember to put on my full armor of God each and every day. I never want to be without your protection. Temptations are all around us and I want to be ready to defend myself against them. Open my eyes to what I don't see and keep me alert to the enemies plans.

15. Attitude of Gratitude

People talk about being blessed all the time. But what does that mean to you? What is your greatest blessing? Is it your parents? Something cool you own? Or maybe you got on the sports team or the spot in a play you wanted. We don't do anything to deserve blessings. God gives them to us because he loves us. We should spend our whole lives thanking Him! Paying attention to all the blessings will change your heart. It teaches you to see all the good things in your life.

John 1:16 "From his abundance we have all received one gracious blessing after another."

Father thank you so very much for all the blessings in my life. Big ones and small ones. Even for the air in my lungs. Without you we would be but dust on the ground. Help me to see the good in my life even when things may not always go my way. Help me to have the attitude of gratitude and thanksgiving.

16. The Elderly

When you think of the elderly who comes to mind? Is it your grandparents? A neighbor? They all could use your prayers. Prayers for good health and against any loneliness that they might face. What are some ways you could show the love of our Savior to the elderly in

our community? You could draw a picture or write a letter to someone in a nursing home or a neighbor on your street. You could ask your parents to take you to visit them or bake them some cookies. Spending time with them or simply giving them something from the heart shows the love of Jesus.

Job 12:12 Wisdom belongs to the ages, and understanding to the old.

Father God please be with the lonely elderly people in our community. Help them to feel loved and seen. Help me to remember them even when I am busy. Send family, friends and other kind people to visit with them. I pray for their health and any challenges they may face with it. Remind them that you are always with them.

17. Babies Who Will Be Born This Year

There are roughly 3.5 million babies born each year in the US alone! Isn't that amazing? New life is always so exciting! Do you know of any babies that will be born this year? Do you have a new sibling or cousin joining the family? Just like you, they come into this world with a plan for their life ordained by God himself. He created you and the new lives to come with purpose. God creates each new life and he forms them in their mothers womb. He doesn't make mistakes and there are no accidents. He creates each of us perfectly in his image.

Psalms 139: 13-14 " For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that well."

God thank you that you create new life so perfectly. There is not one baby made that you didn't put a plan in place for. We praise You for You had each baby in mind since the beginning of time. Not one life is a surprise to you. We pray that each baby born in 2024 would come to know you as their Heavenly Father.

18. Missionaries

Missionaries have really important jobs. They spread the word of Jesus all around the world. Have you ever stopped to think about the missionaries' children? They also have important jobs but they do face challenges. They may be in a foreign country and have to make new friends. They may not get to see extended family for long periods. How would you feel if your parents told you that your family were going to become missionaries and you have to move?

Matthew 28:18-20 Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to take the very end of the age."

Lord please be with all the children of missionaries around the world. I pray that they know your love and use their gifts You gave them for your glory on the mission field. Give them your peace and be with them as they face new and different challenges. Help them have courage to not only make friends in new places but to share Your love with others as well.

19. Local Church Ministries

We are so blessed to have such an abundance of people helping to make a difference right here in Grants Pass. There are many church ministries that are right in our town! From ones in our church such as Royal Rangers and rock the block to ones in the community like Joe's Place and The Mission. It takes a lot of people to volunteer their time to reach the people who are in need.

1 Corinthians 12:5 " There are differences of ministries, but the same Lord."

Father God, thank you for the many people and the many ways they serve you. They sacrifice their time in Your name to help others in so many capacities. Thank you that so many of them live right here in Grants Pass. They have obeyed your command to serve in the ways that they do in the ministries you have placed them in.

20. Pastors and Leaders

Do you pray for your pastors and leaders? They work faithfully each week to encourage and teach us more about Jesus. They need our prayers more than you know. Not only for their spiritual well being but for the strength to obey God's leading and the boldness to proclaim the good news. They are in the spiritual fight for more than just themselves. They have a special calling on their life to care for God's people but they are still human. They are not God and they are not shielded from the enemy anymore than you are. The bible encourages us to build each other up and praying for them is the best thing we can do.

1 Thessalonians 5:11-13 "Therefore encourage one another and build one another up, just as you are doing. We ask you, brothers, to respect those who labor among you and are over you in the Lord and admonish you, and to esteem them very highly in love because of their work. Be at peace among yourselves."

Lord, Thank you for putting my pastors and leaders into their positions at my church. They have accepted your calling on their lives and daily look after the people in their congregation. Help me to remember to pray for them and their families. I pray that they would not grow weary in their calling and that they would find rest and renewing in you each day Father.

21. Community Leaders

There are a lot of people in our community that make Josephine County what it is. The people in authority like the mayor of Grants Pass, city council members, county commissioners, our judges and anyone in our court system. They make decisions that can affect all of us. We may or may not agree with things they do but just like Paul wrote in 1 Timothy we are to pray for and give thanks to all those in authority.

1 Timothy 2: 1-2 "I urge you, first of all, to pray for all people. Ask God to help them; intercede on their behalf, and give thanks for them. Pray this way for kings and all who are in authority so that we can live peaceful and quiet lives marked by godliness and dignity.

Lord, we pray for wise and humble leaders to be put in place in Josephine County. Heal any division that has been made in the past and help them have godly discernment moving forward. We pray for positive transformation to take place in our county.